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February 2023 Pulaski County Home Horticulture Newsletter

There's a ton of info in this month's newsletter. Have fun!

And please remember to REGISTER for the programs you'd like to attend by scanning the QR codes or clicking on the graphic.

PULASKI COUNTY HORTICULTURE



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service


SOILS 101 FOR ALL GARDENERS

**FEBRUARY 20
4:30PM**

**PULASKI CO EXTENSION
OFFICE**

“Soil is an almost magical substance, a living system that transforms the materials it encounters”-

“To be a successful farmer one must first know the nature of the soil.” --- Xenophon, Oeconomicus, 400 B.C.



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SCAN ME

existence to a six-inch layer of topsoil and the fact that it rains” — Farm equipment association of Minnesota and South Dakota



LIVING ON A FEW ACRES

February 10-11, 2023

\$15 per person

\$25 per 2 from same family

Pulaski Co Extension office
606-679-6361

- February 10, 5:30 to 9pm (supper provided)
- February 11, 8:30am to 12:30pm

To register and pay, scan here



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Starting when you get this newsletter & while supplies last! — Complete the [Seed Catalog Scavenger Hunt](#) (see below) and win a prize!

Starting when you get this newsletter & while supplies last! — A new [Grab n Go Kit](#) is available, sponsored by the Lake Cumberland Master Gardeners. Scroll down to learn more.

February 2 — [Groundhog Day!](#)

February 10-11 — [Living on a Few Acres](#), 5:30pm to 9pm (February 10) and 8:30am to 12:30pm (February 11), Pulaski Co Extension Service office

February 20 — [Soils 101 for All Gardeners](#), 4:30pm, Pulaski County Extension office

February 20 — [Lake Cumberland Beekeepers Association](#) meeting, 6:30pm business meeting, 7pm program. Pulaski Co Extension Service office

February 21-23 — [Turf Short Course](#), Hardin Co Extension office

February 24 — [Private Pesticide Applicator Training](#), 10am, Pulaski Co Extension Service office.

Late February — Mushroom Inoculation Party, TBA. Call the office for details, 606-679-6361.

Can you take a minute and complete a quick survey on horticulture programs? Thanks in advance!

[Start Survey](#)



Let the Seed Starting Begin!

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Request ID-128, Home Vegetable Gardening in Kentucky



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Private Pesticide Applicator Trainings

Woodstock Community Center

- January 12th at 6 pm
- March 4th at 9 am

Extension Office

- January 31st at 10 am
- February 24th at 10 am

Please be sure to RSVP at 606-679-6361 prior to the training you would like to attend. Feel free to contact us with any questions.

GARDENING GOALS FOR 2023

1. Dream big, but start small
2. Don't be afraid to kill plants
3. Grow a plant you've never grown before
4. Eat something from your garden each day
5. Order seeds and plants EARLY
6. Spend more time and effort building your soils
7. Use resources like the Pulaski Co Extension office to increase knowledge and skills
8. Share your garden with the children in your life
9. Plant 1 or 2 extra plants for pollinators
10. Have fun and get some exercise!

Living on a Few Acres

This training is for anyone who owns a few acres. Maybe you already have a farm dream. Maybe you have no idea where to start. Do you want the farm to earn money? Or do you want the farm to just pay the taxes? Do you want your acreage to feed you and your family? Or is it just a hobby? Whatever type of situation you're in, this training will point you to resources and help give life to your farm dreams.

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Disabilities accommodated with prior notification.



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Gardening Doesn't Have to Stop in the Winter

Winter gardening is feasible even in the winter! Lake Cumberland Master Gardener Deborah Messenger tells us more in this article.

Read More

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4-SEASON GARDENING



FRESH



LOW COST



HIGHER QUALITY



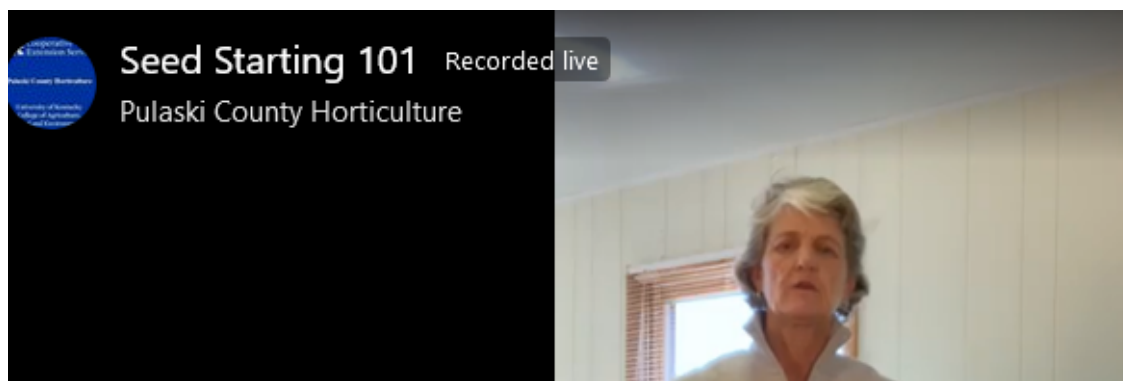
LOW MAINTENANCE

WINTER GARDENS
ARE...



Seed Starting Video

February is when planting vegetable seed really starts happening. If you're new to it or just need some pointers, watch this video.



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Ordering Seed?

Spring may be far away, but vegetable garden planning begins during the cold months of winter. Seed catalogs, store displays, and online retailers present a number of

[Read more here](#)



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Sometimes seed catalogs are straightforward, but other times they are filled with acronyms that are just hard to understand.


Learn more here

Seed Catalog Scavenger Hunt








Send me your completed form along with the name of the catalog you used and WIN A PRIZE! (while supplies last)



SEED CATALOG SCAVENGER HUNT

 Check off the items as you find them!

Vegetable name that contains a...

-  state _____
-  country _____
-  animal _____
-  insect _____
-  body part _____
-  fruit _____
-  object in the sky _____

Other items to find:

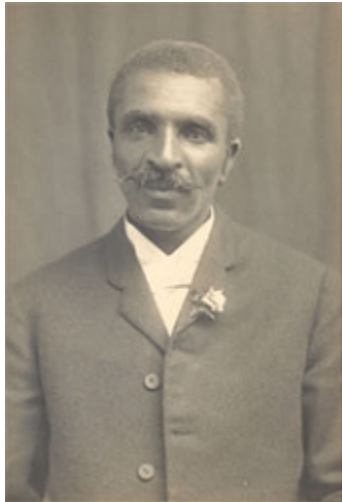
-  Bumpy vegetable _____
-  Vegetable with 2 colors _____
-  Black vegetable _____
-  Striped vegetable _____
-  Vegetable you've never tasted _____



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Black History Month and Agriculture



George Washington Carver

George Washington Carver was a brilliant agricultural scientist who developed hundreds of products using peanuts (but sadly not peanut butter), sweet potatoes, and soybeans.

He promoted the practice of using compost to reintroduce nutrients and add organic matter to soil. His ahead-of-the-times ideas about self-sufficiency and sustainability are important contributions as well.

[Learn More](#)

Booker T. Whatley

Booker T Whatley (yes, Whatley, not Washington) wrote and published the book *How to Make \$100,000 Farming 25 Acres* in 1987. He also introduced the idea of community supported agriculture (CSA).

We have him to thank for the local food movement and the concept of [Know Your Farmer](#).

[Learn More](#)

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Let the Seed Starting Begin!

Pulaski Co Horticulture



SEED OUTSIDE: SNOW PEAS. SNAP PEAS
TIME: FEBRUARY 14- MARCH 1
TIP: WARM UP SOIL WITH BLACK OR CLEAR PLASTIC AND SEED THROUGH IT



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Request ID-128 Home
Vegetable Gardening in KY

Vegetable Growing Season Begins!

OUTDOORS?! Yes, this month, start your peas outside. Click below to access UK's great Extension publication ID-128, Home Vegetable Gardening in Kentucky

ID-128

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The Lake Cumberland Master Gardeners have put together orange macrame bird feeder kits. This is a great little craft for kids or adults. Plus you'll be feeding the birds.

Join [Project Feeder Watch](#) or the [Great Backyard Bird Count](#) and help count birds all winter.

Supplies are limited so come by and pick up your orange macrame bird feeder kit today!



**Kentucky Extension
Master Gardener**

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Master Gardener Updates

Lake Cumberland Extension Master Gardener Kaye Hudson put together a little something called 'Why I Became A Master Gardener'. (in 3 parts)

Part 1

When I was a child I helped with the family garden because my mother made me. As a young adult, my husband and I made small gardens for a few years with only limited success. Then, we quit gardening because other things occupied our time and energy.

I will admit that I still enjoyed watching things grow, but only from a distance.

Upon retirement, I began to enjoy having flowers in the yard, became interested in plants, began to visit the 'big box' stores in the area, buying the discounted 'near death' plants and bringing them back to life. Using Google became a habit.

Then one day I saw an advertisement from the Master Gardener program.
#iwashooked, #signmeup

To Be Continued.....

[Learn more about the Master Gardener Program](#)



Horticulture Webinar Wednesdays

HWW is on a hiatus but will return in mid-March 2023 with new webinars

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Soil Test Now

Soil quality determines your success as a gardener. Pulaski County residents get 25 soil analyses for FREE. Soil probes are also available to loan out. Call our office for more details 606-679-6361

[Call the office now](#)



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Myth: Pine Straw Will Make Your Soil Acidic

A common garden myth is that when pine needles drop, they acidify the soil. [more about the myth by clicking below.](#)

[Pine Needle Myth Busting](#)[Pine Straw Sales Information](#)

www.FromTheWoodsToday.com

UK Forestry From the Woods Today

February topics:

- Impact of Climate on Bourbon (Feb 8)
- What is a Bird? Backyard Bird Count (Feb 15)
- Fire Season, Tree of the Week, and Wildlife Sounds (Feb 22)

Webinars from the UK Forestry Extension team are available live every Wednesday at 11am. Sign up for email reminders, watch live webinars, or browse the recorded archive.

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[LEARN MORE](#)

Dressing for the Cold

Bundling up and staying dry are two of the best things you can do to stay safe from cold temperatures this winter. Wear layers to stay warm.

[Learn More](#)



Recognizing Hypothermia

Do you know how to recognize someone who is experiencing hypothermia? Anyone exhibiting signs should be taken to a warm area immediately

[Learn More](#)



Recipe of the Month

Take a deep dive into all the UK Plate It Up Kentucky Proud recipes by clicking the button below.

[More Recipes](#)



Cabbage Rolls

- | | | |
|--------------------------------------|---------------------------------|-----------------------------------|
| 12 cabbage leaves | 1 teaspoon garlic salt | ¼ cup chopped green pepper |
| 1 pound lean ground beef | ¼ teaspoon pepper | 1 teaspoon sugar |
| 1 cup cooked brown rice | ½ teaspoon dried basil | 1 tablespoon cornstarch |
| 1 (15 ounce) can tomato sauce | ½ teaspoon dried oregano | 1 tablespoon water |
| | ½ cup chopped onion | |

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about 4 minutes. **Drain.** When cool, **trim** away excess ridge on leaf for easier rolling. **Mix** beef, rice, ½ cup tomato sauce, garlic salt, pepper, basil, oregano, onions and green pepper. **Put** ⅓ cup in each leaf, starting at leaf end; **roll**, tucking in the sides. **Place** seam side down in a 9-by-11-inch baking dish. **Mix** remaining tomato sauce with the sugar, **pour** over rolls. **Cover** and **bake** at 350 degrees F for

Mix cornstarch and water; **stir** into saucepan. **Heat** and **stir** until mixture boils, **cook** 1 minute. **Serve** sauce with cabbage rolls.

Yield: 6 servings, 2 rolls each

Nutritional Analysis: 190 calories, 4 g fat, 1.5 g saturated fat, 40 mg cholesterol, 550 mg sodium, 24 g carbohydrate, 6 g fiber, 9 g sugars, 18 g protein.

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